

10th Annual



Saturday, October 6th, 2012

*8:15 am 3rd grade and under. Approx.: ½ mile Boys and Girls run together, awards sorted in the chute.

*8:30 am Grade 4-6 race, approx. ¾ Mile Boys and Girls run together, awards sorted in the chute

9:15 am Middle School Boys

9:45 am Middle School Girls

10:15 am High School Boys varsity (7 runners maximum)

10:45 am High School Girls (7 runners maximum)

11:15 Boys Open

11:45 Girls Open

Schools with less than five runners may compete in the varsity race, but will not be counted in the scoring.

Please go to www.baumspage.com click on Cross Country and go to the Harding Invitational to submit your roster. Please instruct your middle school coaches to do the same. Please do this as soon as possible. Enter **everyone** that may run. Please read the attached directions if you have not submitted an online entry before. You may e-mail me skearns22@aol.com or call 740-361-3020 with any questions. Coaches pick up packets at the loading dock on the west side of the building. Please set up camp areas on the west side of the creek.

Awards, The top three Varsity, top two Middle school teams will receive trophies. The top 25 runners in the Varsity races will receive medals. The top 20 in the middle school races will also receive medals. You may enter any number of runners. All runners will be eligible for awards but only complete teams will be scored for the overall results.

The course will start and finish on the west side of the new Harding high school. It is a one loop course on a very flat surface. The course will be held 100% on grass with one bridge crossing. Spikes of any legal length will be fine. Please park buses on the west side and instruct spectators to park on the east or north sides of the building.

Concessions will be available at the meet. We will also be selling t-shirts for \$10, please inform your athletes.

* All children's races will cost \$1 per runner, payable at the starting line. Boys and girls in each race will run together. The awards will be a medal to the first place runner (boy & girl) of each race, and ribbons to all finishers.